



NFP Instructors Throughout the Diocese

OVULATION METHOD – DIOCESAN CLASSES

Akron: St. Sebastian

Timothy & Haley Jay 330-287-3162
(Billings Ovulation Method)

Brunswick: St. Ambrose

Mike & Kim Nemet 330-220-0720

Chardon: St. Helen, Newbury

Hank & Sue Milnark 440-543-9502

Fairview Park: St. Angela Merici

Marty & Kathy Patton 440-212-0058

Lyndhurst: St. Clare

Christine Klun 440-684-1853

Wickliffe: Our Lady of Mt. Carmel

Nick & Ann Marie Raddell 440-494-7100

SYMPTO-THERMAL METHOD - DIOCESAN CLASSES

Brecksville: St. Basil the Great

TJ & Colleen Manion 440-552-3167

Chardon: St. Helen, Newbury

Tom & Libby Drockton 440-729-8003

Cuyahoga Falls: Immaculate Heart of Mary

Frank & Jennifer Ricard 330-929-8361

Fairport Harbor: St. Anthony of Padua

Brian and Katie Andrasak 440-357-9017

Garfield Heights: St. Monica

Lynda Petit 216-952-7409

Hudson: St. Mary

Jim & Shannon Mullner 330-861-9218

Madison: Immaculate Conception

Bill & Rachel Carter 440-563-5786

Solon: St. Rita

Ron & Barb Moner 216-702-3518

Stow: Holy Family

Leo & Toni Doty 330-689-0632

Steve & Julie Mosholder 513-479-0941

Strongsville: St. John Neumann

Joe & Suzanne Ferlin 440-877-1292

Thompson: St. Patrick

Dan & Margaret Sartor 440-474-8259

Willoughby: Immaculate Conception

Vincent & Dawn Gardiner 440-339-6371

Rachel Szekely, MD 440-488-1668

Wooster: St. Mary

Matt & Sarah Nussbaum 330-317-1579

COUPLE TO COUPLE LEAGUE

Akron: St. Francis DeSales

Ben & Kay Metzler 330-896-3350

Akron (no parish) Scott & Jessica Trahey
330-607-4216

Akron: St. Sebastian

Bob & Kelly Rybka 330-869-4064

Cleveland: Holy Rosary

Fred & Margaret Karboski 216-321-4596

Dover: St. Joseph Family Life Center

Dr. Jack & Judy Burnham
330-607-4216

Fairview Park: St. Angela Merici

Tim & Mary Ellen Jakubisin 440-779-5793

Lakewood:

Bill & Jessica Davidson 216-347-1041

Parma: St. Anthony

Rich & Jennifer Amiot 440-843-3981

Plain Twp: Little Flower (Youngstown
Diocese) Jason & Angela Miller

330-357-2302

Randolph Township: St. Joseph

(Youngstown Diocese)

David & Valerie Rodenbucher

330-808-1699

Richfield: St. Albert the Great

Greg & Susan Radzialowski 330-659-7240

Solon: St. Rita

Brian & Kathleen Heskamp

330-888-9263

MEDICAL CONSULTANT - CREIGHTON MODEL

Margarita Lassaletta, M.D.- Wadsworth

Rittman Hospital 330-336-5046

James Matheson, D.O. Ob/Gyn

Vermillion, Ohio 440-967-5433

Christy Shoen, Fertility Care Practitioner

440-823-9827 / ctshoen@hotmail.com

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Mission Statement: Under the leadership of the Bishop of Cleveland and inspired by the Gospel, Catholic Charities continues the mission of Jesus by responding to those in need through an integrated system of quality services designed to respect the dignity of every person and build a just and compassionate society.

NATURAL FAMILY PLANNING FACTS:

- A sound scientific method of achieving or postponing a pregnancy
- Requires no drugs, devices or operations
- Based on the biological reality that a woman is infertile during the major part of her reproductive life.
- With instruction, it is possible to identify days of fertility and infertility in a cycle and use the days appropriately to either achieve or postpone a pregnancy.
- Can be used by women with long, short, or irregular cycles, while breastfeeding and during premenopause.
- Extremely helpful to women who are experiencing infertility.
- Statistics from the U.S. Dept. of Health and Human Services and the WHO indicate the natural methods have a 98-99% effectiveness rate.

By working with a trained instructor you can readily learn to identify days of fertility and infertility and choose to achieve or postpone a pregnancy each month, without the harmful side effects of artificial birth control methods. The effectiveness of NFP is 98-99% when the rules are learned and applied. Natural Family Planning Classes are held throughout the Diocese in parishes and medical centers.

The Ovulation Method

Learn to recognize the cervical changes throughout the cycle.

The Sympto-Thermal Method

Learn to recognize the cervical changes throughout the cycle and the change that occurs at ovulation in your basal body temperature.

The Creighton Model of Napro-Technology

Learn to recognize the cervical changes throughout the cycle.



The Cleveland Diocese Natural Family Planning Teacher Training Institute has the Approval and Endorsement of the United States Conference of Catholic Bishops.

For more information on becoming a Nationally Certified NFP Instructor Please contact

Kathy Patton, NFP Coordinator
216-334-2973 / kapatton@ccdoacle.org



2017

Natural Family Planning Directory of Programs and Services



Providing Help. Creating Hope.

www.ccdoacle.org/mfm